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Teletherapy Informed Consent
--This form is required--

I, _____, hereby consent to engage in teletherapy with Diane Gleim, LMFT, CST. Teletherapy is a method of psychological service provided via technology, which can include consultation, treatment, transfer of medical data, emails, telephone conversations and/or education using interactive audio, video, or data communications. I also understand that teletherapy involves the communication of my medical/mental health information, both orally and/or visually.

It is preferred to conduct psychotherapy in person yet there are several reasons to conduct psychotherapy via teletherapy including but not limited to: natural disasters, geographic distance between provider and client, urgency of appointment need/a client is in crisis. Teletherapy has the same purpose or intention as psychotherapy or psychological treatment sessions that are conducted in person. However, due to the nature of the technology used, I understand that teletherapy may be experienced somewhat differently than face-to-face treatment sessions.

I understand that I have the following rights with respect to teletherapy:

Client's Rights, Risks, and Responsibilities:

1. I, the client, need to be physically located in California. (This is a legal requirement for practicing Marriage and Family Therapy in this state under a CA license.)
2. I, the client, have the right to withhold or withdraw consent at any time without affecting my right to future care or treatment.
3. The laws that protect the confidentiality of my medical information also apply to teletherapy. As such, I understand that the information disclosed by me during the course of my therapy or consultation is generally confidential. However, there are both mandatory and permissive exceptions to confidentiality, which are described in the Informed Consent form I received at the start of my treatment with Diane Gleim, LMFT, CST.
4. I understand that there are risks and consequences of participating in teletherapy, including, but not limited to, technical failures; interruption by unauthorized persons;

unauthorized access to transmitted and/or stored confidential information; and decreased availability of the therapist in the event of a crisis. There is also a risk that services could be disrupted or distorted by unforeseen technical problems.

5. In addition, I understand that teletherapy-based services and care may not be as complete as face-to-face services. I also understand that if Diane Gleim, LMFT, CST, believes I would be better served by another form of therapeutic services (e.g. face-to-face services) I will be referred to a professional who can provide such services in my area.
6. I understand that I may benefit from teletherapy, but that results cannot be guaranteed or assured. I understand that there are potential risks and benefits associated with any form of psychotherapy, and that despite my efforts and the efforts of Diane Gleim, LMFT, CST, my condition may not improve, and in some cases may even get worse.
7. I accept that teletherapy does not provide emergency services. If I am experiencing an emergency situation, my options are: (1) I can call 911; (2) I can proceed to the nearest hospital emergency room; (3) I can call the Sonoma County Crisis Line at 707.576.8181 (if I am residing in Sonoma County); (4) If I am having suicidal thoughts or making plans to harm myself, I can call the National Suicide Prevention Lifeline at 1.800.273.TALK (8255) for free 24 hour hotline support. Clients who are actively at risk of harm to self or others are not suitable for teletherapy services. If this is the case or becomes the case in future, Diane Gleim, LMFT, CST will recommend more appropriate services.
8. I understand that there is a risk of being overheard by anyone near me if I am not in a private room while participating in teletherapy. I am responsible for (1) providing the necessary computer, telecommunications equipment and internet access for my teletherapy sessions, and (2) arranging a location with sufficient lighting and privacy that is free from distractions or intrusions for my teletherapy session. It is the responsibility of Diane Gleim, LMFT, CST to do the same on their end.
9. I understand that dissemination of any personally identifiable images or information from the telemedicine interaction to researchers or other entities shall not occur without my written consent.

I have read, understand and agree to the information provided above regarding telehealth.

Client's Signature: _____ Date _____

Therapist's Signature: _____ Date _____